



THE **essence**

EST. 1994

DAY SPA | SKIN CARE SPECIALISTS | BEAUTY SALON

Tel: 0141 885 1166

27 Canal Street, Renfrew, PA4 8QE | @TheEssenceSalon | www.theessencesalon.co.uk

WELCOME

Welcome to The Essence Skin Care Specialist & Day Spa, where our specialist team is ready to help you unwind and indulge yourself in our relaxing and friendly surroundings. Whether you are looking for a little tranquillity to rest and rejuvenate, advanced treatments, or classic beauty therapies, you can find all you need in our Day Spa.

At The Essence we have a long tradition of excellent customer service and our team are passionate about ensuring you have the best experience possible during your visit. You can choose from a wide range of quality and restorative treatments and can rest assured that you are in the safe hands of our professionally trained therapists.

Founded by Roslyn Docherty in 1994, The Essence has built a loyal customer base and gained an enviable reputation for our warm and friendly atmosphere, accommodating and skilled staff, and treatments to suit all needs. From humble beginnings in Renfield Street, we moved to larger premises in Canal Street in 2002. Now, on the next phase of our journey, we are delighted to welcome you to our luxurious new Day Spa where you can be pampered and have all your beauty needs met in the safe hands of our friendly professional therapists.

THE ESSENCE

Introduction	2
Client Loyalty	4

TREATMENTS

Spa Package Treatments	5
Massage & Holistic	6
Sothys Facials	8
Katherine Daniels Facials	10
mesopeel	11
CACI Facials	12
CACI Body	13
Body Treatments	14
Brow Treatments	15
Lashes & Make-up	16
Waxing	17
Electrolysis	18
Nails	19
Podiatry	20
Hair	21
Aesthetics	22
Client Reviews	23

CLIENT LOYALTY

The loyalty of our clients ensures the growth and success of the salon. In recognition of this we would like to reward you for your continued business.

For every pound you spend you gain 1 point. Points can be redeemed for one of the following treatments.

Want to earn double points? Simply book on line at <https://phorest.com/book/salons/theessencesalon#/sign-in>

**150
POINTS**

- Brow Shape
- Lip Wax
- Post Depilation Concentrate

**350
POINTS**

- Back Massage
- Express Facial
- Tint Package

**500
POINTS**

- Mini Manicure with Gel
- Mini Pedicure with Gel
- Mini Reflexology

**700
POINTS**

- Cream Tan Application
- 45 minute Hot Stone Massage
- G5 Body Exfoliation and Hydration
- Microdermabrasion

**1,000
POINTS**

- Caci Synergy Classic
- 3 x 25 minute treatments and use of the spa facilities
- 1 x 25 minute treatment, 1 x 45 minute treatment and use of the spa

**We also offer discounts on Monday - Wednesday, to:
Over 65's | Full Time Students | School Pupils**

Please present the appropriate I.D at the till when paying

SPA PACKAGE TREATMENTS

It's time to kick back and indulge in some R&R in our fabulous intimate spa. All spa packages include up to 90 minutes use of our sauna, steam room and spa pool and relaxation time after your treatment in our chill room.

All that's left to do is choose your package.

Treatments include:

- Swedish Back Massage
- Aromatherapy Back Massage
- Express Facial
- Holistic Facial
- Indian Head Massage
- Foot and Leg Massage
- Hand and Arm Massage
- Full Body Exfoliation

All spa treatments include towel and robe hire. Please bring your own flipflops or you can purchase at reception.

Swimsuits must be worn in the spa area at all times.

To ensure you make the most of your visit please arrive 20 minutes prior to your appointment time.

Please remove fake tan before your visit to the spa.

Simply want to relax and spend time in our spa facilities and some time in our chill room? Enjoy up to 2 hours access including your towel and robe **only £15.00**

£49.00

Any two 25 minute treatments

£67.00

Any three 25 minute treatments

£80.00

Any four 25 minute treatments

£67.00

One 45 min treatment
+ 25 min treatment

£75.00

Two 45 minute treatments

NB. Access to the Spa can be purchased separately. Some restrictions may apply. It is not suitable to use the facilities with some treatments.

Massage & Holistic

Aromatherapy

30min: £30.00 | 45min: £38.00 | 60min: £45.00

A holistic treatment using aromatic essential oils medicinally to improve the health of the body, mind, and spirit. Essential oils, which have therapeutic effects, are blended to suit the individual to enhance both physical and emotional health.

G5 Massage

Full Body, 40min: £45.00

G5 Massage is a mechanical massager that goes much deeper than the therapist can. Excellent for toning, increasing circulation and to aid in the breakdown of fatty deposits and cellulite. Excellent for the athlete as G5 delivers more power to help relieve muscle cramps, relax tight muscles, increase flexibility, mobilise and flush out lactic acid build-up.

Hot Stone Massage

30min: £35.00 | 45min: £46.00 | 60min: £58.00

During hot stone massage, the gentle heat slowly penetrates into the surrounding skin and muscles as you float into a wonderful tranquil experience. The whole balance of the body is restored. A hot stone massage relaxes the whole body at its deepest level and has profound effects mentally, physically and spiritually.

Indian Head Massage

30min: £28.00 | 45min: £35.00

Ancient traditional Hindu massage of the scalp, head, neck and shoulders which helps stimulates blood flow, lymph and oxygen in your upper body, and therefore may relieve sinusitis, relieve stress and help you sleep better.

Deluxe Massage

120min: £90.00

The ultimate in relaxation, a top to toe blend of aromatherapy massage and relaxing therapeutic facial. This face, scalp and body treatment will revitalise, detoxify and promote well-being.

Swedish Massage

30min: £28.00 | 45min: £36.00 | 60min: £43.00

Swedish massage is a therapeutic massage treatment that works the soft tissues and muscles to help restore health - creating a calming and balancing effect on the nervous system, improve your circulation, soothe your muscles and makes you feel more relaxed.

Indulgence / Mum-To-Be Package

90min: £70.00

90 minutes of sheer indulgence. Let us soothe away those aches and pains. Back scrub, back massage, nourishing foot and leg massage followed by heated booties. Face, neck, shoulder and scalp massage. And for our mums to be we use our beautiful mother to be products.

CBD Oil Massage

70min: £70.00

CBD oil massage is a relaxing and enjoyable treatment designed to encourage a feeling of wellbeing. CBD stimulates the Endocannabinoid System. This is the body's innate balancing mechanism and the key to regulation in the body, including metabolism, fertility, immunity to sleep and pain perception to name a few.

New!

Reflexology

45min: £35.00

A holistic treatment working on the foot reflexes, which correspond to other parts of the body. Applying pressure to these specific points can reduce pain and anxiety and promote circulation, relaxation, and healing in the body.

Hopi Ear Candle Therapy

£38.00 | course of 3 treatments: £100.00

A sage remedy for relieving pressure, fighting infection and gently removing toxins and excess wax from inside the ear.

Reiki

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by “laying on hands” and is based on the idea that an unseen “life force energy” flows through us and is what causes us to be alive. If one’s “life force energy” is low, then we are more likely to get sick or feel stressed, and if it is high, we are more capable of being happy and healthy.

SOTHYS SPA BODY RITUALS

Indonesie Ancestrale

70 mins: £65.00

Be transported to the warm lapping shores of Indonesia with this calming Sandalwood and Jasmine flower Ritual. Unplug from the world with a mind calming Mayonggo Energy Breathing Ritual. Leave behind the urban hustle and bustle and enjoy 50 minutes of pure, full-body massage that uses deep, enveloping movements, acupressure points and energetic drumming. Total escape and deep relaxation guaranteed. Reconnect gently return to reality with the Mayonggo energy breathing ritual. Listen to pure and soothing sounds inspired by sonotherapy, and reach a deep state of well-being in both your body and mind.

Sensorial Escape

80 mins: £75.00

This escape puts your wellbeing right at the centre of the treatment. Your escape begins with a salt and sugar body scrub followed by massage using your choice of oil, cream or melting shea butter and finally you are enveloped with a Hydra-nourishing cocoon mask. All of which are infused with your choice of escape fragrance.

Hanaksumi Ritual

80 mins: £75.00

Inspired by the Japanese foot bathing Rituals and meaning ‘Cherry Blossom Mist’ this relaxing treatment combines Cherry blossom and Lotus flowers to de-stress and relax. Beginning with a perfect cream exfoliation and Reflexology inspired foot massage and finishing with a warmed Shea Butter Massage, you will be transported away from the days cares.

Sothys Sensation Orientales

75 mins: £80.00

Be transported to the Orient and Relaxing Moroccan Hammams with this luxurious Amber and Myrrh 3 step Ritual. Your journey begins with an application of Warmed Syrup Enzyme followed by a Handmade Terracotta Pumice Stone exfoliation and finally a deeply relaxing body massage to soothe the senses. Receive your Handmade stone to continue your ritual at home.

SOTHYS FACIALS

The Essence is delighted to introduce Sothys Professional Skin Care Treatments and products to our Spa. Sothys is a legendary name that combines Green Science, Excellence and Prestige in the beauty world. As a leading Professional-only Skin Care brand, Sothys is recognised as a true innovator; developing unique products and luxurious Professional Intensive Treatments in their Advanced Research Centre in the Heart of the French countryside which contain High Tech and intensely Active Ingredients to produce Clinically Proven Results.

The 'Secrets De Sothys' Ultimate Treatment

90min: £120.00

Experience the ultimate skincare journey in this 90-minute Ultra Luxury and Unforgettable Ritual will leave both your Inner Self and your Skin Balanced, Relaxed and Rejuvenated. From our Advanced Research Centre this treatment combines the scientifically sourced Cutting-Edge Rose Stem Cell Technology to reduce the cellular inflammation responsible for aging. It actively forms a Collagen and Elastin network to support new cellular growth. Increasing Hyaluronic acid production, it will plump and rejuvenate the skins natural reserves. Rare Porcelain oil reduces 'Skin-inflammation' slowing down the aging process and Peach leaf extract for cellular defence against Pollution and Free Radicals. PURE BLISS!

Anti-aging Youth Intensive Treatment

75min: £83.00

Turn back the Years and reveal a Youthful looking skin. Developed by Sothys Advanced Research Centre this Ultra-Targeted Advanced Treatment Range provides five key steps and eight totally unique and specific formulas to target and combat all signs of aging. Offering a Multi-zoning and Multi-Masking treatment you can enjoy a perfect moment of relaxation and professional skin care for a visibly younger skin.

The Essence Glow and Go Facial

30 mins: £30.00

Short of time? Unsure what you need? Let our Skincare Experts guide you. Leave the salon feeling refreshed with radiant glowing skin and a clear plan for your future skincare needs.

Hydra 3Ha Multi Hydration Intensive

75min: £83.00

Enter the world of total Relaxation and Hydration with this luxurious 6 stage facial massage and mask treatment that has clinically proven results. Beginning with a French inspired shoulder and back massage you will Drench your skin in restorative multi-Hyaluronic Acids and Boletus 1055 extract to Restore, Reactivate and Rejuvenate, providing the ultimate key to younger looking rehydrated and supple skin.

Detox Energy Intensive Anti-Pollution Radiance

75min: £83.00

Restore the glowing Radiance and Detoxify and Deep Cleanse your skin to remove the effects of Pollution and Daily Environmental attacks. Using Organic Siberian Ginseng; a proven Adaptogen, to reactivate the Mitochondrial Energy cells alongside Organic Elderberry Extract combined with an active Vitamin C Mask to restore radiance, this luxury results driven treatment Oxygenates and Energises the skin, helping the defence against harmful effects of environmental stress limiting damage caused by pollution.

The Essence Deluxe Signature Facial

50min: £52.00

A luxurious introduction to Sothys luxury Treatments and Products. Let us analyse your skin to ensure a Synergistic Facial for your skins' individual needs. Beginning with a double deep cleanse, tone and exfoliation we will use our exclusive Sothys Digi- Esthetique Massage to your face, neck and shoulders complete with a Digi-pressure scalp massage and mask.

Seasonal Oxygenating Treatment

60min: £65.00

Combining a French sourced Vitamin and Mineral cache of Ingredients you can Re-oxygenate and Re-energise the body, skin, and wellbeing with the change of seasons. This treatment begins with a 15-minute relaxing and de-stressing back massage followed by 45-minute Radiance Oxygen facial. As our skin changes with the seasons so do our treatment ingredients to reflect Spring/Summer or Autumn/Winter. Your skin will be Oxygenated, Hydrated, Smooth, Brightened and protected from the elements.

Soothing Spa Treatment for sensitive skin

45min: £55.00

With de-stressing Spa Thermal Water from the Unique Marie-Henriette Thermal Spa with its unique purity and mineral content and Limoges Porcelain Massage Spoons this luxuriously skin-kind treatment provides a soothing healing action reducing redness, inflammation, and the discomfort of sensitive skins. A soothing calming and protecting treatment.

Glysalac Double-Acid Peel

45 mins: £57.00

Combining two popular and extremely efficient chemical peels; Glycolic Acid and Salicylic Acid, this treatment will peel back your unwanted Fine Lines, Wrinkles, Congestion, Sun Damage and lack of Radiance. The treatment will finish with a Cosmeceutical Restorative serum to Protect and Repair the skins delicate Microbiome. This treatment can also be added into your other treatments to enhance the results – ask your Skin Therapist for more details.

Holistic Facial

45 minutes: £37.00

A relaxing therapeutic facial that concentrates on massage to detoxify skin and body. Incorporating décolleté neck, shoulder, face and scalp massage with skin care.

Microdermabrasion

45 minutes: £55.00

Diamond tipped wands are used to polish the top most layers of the skin. The diamond chips exfoliate and dead skin cells are vacuumed in a safe and controlled way. Elastin and collagen Fibres are stimulated simultaneously and cellular renewal is encouraged. This results in a visibly smoother, softer, firmer and more radiant youthful skin.

Dermablading

£50.00

Using a very small surgical blade this process physically exfoliates dead skin cells whilst also removing fine vellus hair (peach fuzz). The skin is left feeling super smooth and glowing.

New!

KATHERINE DANIELS FACIALS

We want you to have 'Better Skin for Life.'

All Katherine Daniels products are developed with this goal in mind, the formulation enhances the way your skin works. The advanced ingredients within the products allow us to treat the cause of your skin concerns as well as the visible symptoms that you can see.

Express Energising Radiance Treatment

40 minutes: £58.00

When time is of the essence but you want incredible results, this treatment will deliver energising and firming minerals and increase moisture levels to plump the skin giving wrinkle reduction up to 27% and a translucent radiance you never thought possible in just 40 minutes.

Skin Perfecting Anti-Oxidant Treatment

60 minutes: £80.00

A double mask treatment packed full of powerful super foods, rich in cell protecting anti-oxidants along with vitamin C for skin luminosity and to boost your collagen and elastin production. FucoWhite™ will regulate patchy pigmentation or uneven skin tone.

Nourishing Hydrating Treatment

80 minutes: £90.00

A treatment developed to hydrate the skin and re-ignite the natural oil levels if they are under active. Your skin will be hydrated supple and smooth, open pores reduced and more able to defend itself against premature aging. This is the ultimate result driven treatment.

Resurfacing Peel

60 minutes: £75.00

A very gentle peel which resurfaces the skin revealing a new skin effect, smoother, plumper and more even skin tone.

Anti-Aging Deluxe Eye Treatment

50 minutes: £60.00

A deluxe treatment for your complete eye area, to reduce puffiness and dark circles and capture every smile and frown line. Your complete eye area will be revitalised, hydrated, plumped and bright. This treatment is incorporated within a facial to ensure a complete treatment. For long term effectiveness a course of treatments to suit your skin needs is recommended.

Deep Cleansing Skin Treatment

50 minutes: £65.00

A treatment developed to deep cleanse and detoxify your skin. Leaving you looking dewy and luminous with refined skin texture and reduction in pore size.

Sensitive Skin Treatment

60 minutes: £75.00

A treatment developed for fragile and sensitive skin issues. Skin will be calmed, soothed, strengthened and more able to defend itself against premature aging.

ADVANCED DERMAPEELS BY MESOESTETIC®

mesopeel® is the most advanced range of chemical peels, designed for dermo cosmetic professionals. Our skin's natural regeneration takes 28 days. However, the process may slow down or be interrupted due to events like menopause, adolescence and pregnancy. Some of the signs of the slowing down of the skin's renewal process are:

- | | | |
|----------------------|------------------|------------------|
| • CONGESTION | • OPEN PORES | • DULLNESS |
| • HYPER PIGMENTATION | • SIGNS OF AGING | • ACNE BREAKOUTS |
| • TEXTURED SKIN | • OIL PRODUCTION | • DARK SPOTS |

Cosmelan

Here at The Essence Day Spa our specific peel ranges enable us to treat all of these skin problems.

Chemical peels are created in a way that exfoliates the various layers within the skin. This exfoliation boosts skin regeneration and reduces the appearance of blemishes on the skin's surface. mesopeels are available in various combinations that target different skin problems. This is what sets mesopeel apart from other chemical peels available.

Due to the high active ingredients and their ability to penetrate deeply into the skin it is essential when treating with chemical peels to properly prepare the skin prior to any salon treatment. When the skin is prepped properly it allows the salon treatment to work to its full capability whilst reducing any adverse skin reactions. It is imperative to have a full consultation and use the home care products prescribed for a minimum of 14 days prior to salon treatment.

- **60 Min Initial Consultation**
60 mins: £20.00
(refundable against course of treatment)
- **Course of 6 treatments**
From £420.00
- **Home Care Prep Kit**
£195.00
- **Individual Skin Peel**
£70.00 - £120.00

For costs & more info, please contact the salon

A professional de-pigmentation method which has an intensive corrective effect on skin hyperpigmentation whilst regulating the overproduction of melanin in the melanocytes, inhibiting and controlling the appearance of new dark spots. Its efficacy is based on its double mechanism of action that on the one part has a corrective effect, eliminating the hyperpigmentation and, on the other, a regulating effect, controlling the overproduction of melanin and in this way preventing the appearance of new spots in the long term. More than a treatment, cosmelan® is a complete method that involves salon treatments and home maintenance treatment.

Global Eyecon

Course of 6, inc. home care products: £550.00

Specifically designed for the thinner more sensitive skin around the eye area. These combined therapies, peel and micro-needling, corrects wrinkles, under-eye bags and circles, sagging and pigmentation in the periocular area.

Microneedling

£110.00

A minimally invasive technique that creates thousands of epidermal micro canals that allow active ingredient to pass through the layer of the skin quicker and deeper. Simultaneously microscopic trauma occurs, stimulating the skins healing response and activating the production of collagen and elastin. This results in brighter, smoother, younger more firmer and plumped healthy skin.

CACI FACIALS

The award winning CACI is the best known micro current system in the beauty industry and considered to be the most advanced system of its own kind.

A preventative and corrective treatment often producing results so dramatic that CACI has become known as "the non-surgical face lift" with a vast array of celebrity devotees. And now the CACI Synergy System introduces pioneering S.P.E.D™ microcurrent LED technology. A break through, new advancement in microcurrent therapy. For the first time the synergy of these two technologies, LED and microcurrent, provides more visible and longer lasting results.

Independent clinical study results showed that, in just 10 treatments, S.P.E.D:

- *Reduced wrinkle depth up to 75%*
- *Improved skin texture up to 46%*
- *Improved skin elasticity up to 88%*
- *Reduced red spots up to 53%*

A study participant questionnaire showed:

- *84% agreed that their skin looked brighter*
- *72% agreed that their skin felt more toned*
- *92% agreed that skin felt smoother*
- *80% agreed that their fine lines were reduced*
- *84% agreed that skin felt firmer*
- *88% agreed that they saw a visible improvement*

CACI Classic Face Lift

60 minutes: £6000, course of ten: £425.00
Synergy: £68.00, course of ten: £578.00

CACI gently tightens and tones the muscles while smoothing the appearance of frown lines and wrinkles. The blood circulation, collagen and elastin production are all increased. CACI's dual-tipped probes increase the effect on the muscle producing immediate and dramatic results.

A course of ten treatments is recommended, two/three treatments every week for five weeks. Maintenance is then required every four weeks.

CACI Super Face Lift

80 minutes: £62.00, course of ten: £527.00
Synergy: £80.00, course of ten: £680.00

The super CACI is a more intense treatment which enhances your CACI face lift by working muscles for longer creating further lift, tone and firmness. The ideal treatment for your maintenance program.

CACI Synergy Deluxe Treatment

90 minutes: £110.00, course of ten: £935.00

Ultrasonic peeling and orbital microdermabrasion are used to gently cleanse & exfoliate leaving a brighter, smoother complexion. S.P.E.D™ microcurrent LED technology will lift and tone the face and neck, followed by CACI's unique Wrinkle Comb to target fine lines and wrinkles. After a course of treatments, you can expect to see a more youthful and toned appearance with glowing healthy skin.

CACI Ultra Face Lift

90 minutes: £83.00, course of ten: £705.00

This intense treatment begins with a gentle ultrasonic skin peel to remove dead skin cells and loosen blocked pores, followed by micro-current to lift and tone muscles. A combination of laser and micro-current is then applied, stimulating the production of collagen and elastin to soften wrinkles. Intense micro massage of the skin is given using the ultra sound, increasing the supply of oxygenated blood to the skin, resulting in a healthy, youthful glow. This facial incorporates the hydratone mask for deep hydration.

CACI BODY

CACI Ultimate Face Lift Treatment

90 minutes: £88.00, course of ten: £748.00

Orbital microdermabrasion is used to gently cleanse and exfoliate leaving a brighter, smoother complexion. Microcurrent impulses will then lift and tone the face and neck, followed by CACI's unique Wrinkle Comb to target fine lines and wrinkles. The Hydro Mask is then applied to soothe and calm with a lymphatic drainage massage and finish off with Hydratone procedure giving the face a remarkably softer, radiant and more youthful appearance.

CACI Jowl Lift

20 minutes: £25.00, course of ten: £213.00
Synergy: £33.00, course of ten: £280.00

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline. Using Quad probes specially designed to lift and firm the muscles and refine the facial contours.

CACI Eye Treatment

30 minutes: £25.00, course of ten: £213.00
CACI Synergy: £33.00, course of ten: £280.00

This treatment is to smooth, plump and erase fine lines by re-hydrating and repairing the eye area.

Hydrotone Facial

30 minutes: £35.00

Hydrotone uses an intensive, anti-aging Hydro mask that will instantly rehydrate, revitalise and plump the skin. Hydrotone combines active microcurrent rollers which restore muscle tone, firmness and propel the ingredients deep into the skin. It immediately cools, soothes and calms any skin redness and irritation.

Orbital Microdermabrasion

40 minutes: £63.00 | Course of six: £315.00

Controlled orbital microdermabrasion is used to deeply cleanse and exfoliate the skin, combined with LED light therapy for tissue repair and healing. The Hydro Mask is then applied to soothe and calm with a lymphatic drainage massage, giving the face a remarkably softer, radiant and more youthful appearance.

CACI achieves excellent results on problem areas such as stretch marks, scar tissue and cellulite. CACI also tackles fluid retention and stubborn fatty areas such as thighs and buttocks. CACI can achieve rapid inch reduction as it contours and firms underlying muscle and detoxifies surrounding lymph.

ECM Electro Cellulite Massager

30 minutes: £28.00, course of ten: £235.00

The Electro Cellulite Massager will give you instant lifting and contouring on the buttocks as well as toning the thighs. ECM will improve the appearance of cellulite and break down fatty deposits. It will stimulate circulation and lymphatic drainage, which will help to flush toxins away giving the skin a smoother, tighter and brighter dimple free complexion.

Scarring/Stretch Mark Treatment

30 minutes: £28.00, course of ten: £235.00

Refines and softens the appearance of stretch marks and scarring by nourishing the skin, stimulating tissue repair and healing.

NB Any courses sold CANNOT be used as monthly maintenance.

BODY TREATMENTS

Firming and Resculpting Treatment

70 minutes: £70.00

The firming resculpting body treatment is the ultimate treatment to give immediate inch loss and a smoother more refined silhouette. Results are visible after one treatment, so ideal as a single session before a special occasion.

The Diet Kick Start Treatment - Course Of 4

2 x treatments per week for 2 weeks: £250.00

Kick start the effects of a healthy eating regime and ensure maximum weight and inch loss during your first crucial weeks of slimming. A course of four Firming Resculpting Treatments over two weeks will give maximum results to help you lose up to a dress size.

Drop A Dress Size Plan - Course Of 8

2 x treatments per week for 4 weeks: £450.00

A course of 8 Firming Resculpting Treatments over four weeks will give maximum results to help you lose up to a dress size.

The Muscle De-Stress Treatment

50 minutes: £50.00

Back, neck and shoulder. This treatment will ease tension, relax muscles and help to relieve stress. A four phase luxurious treatment including exfoliation, massage and a warming detoxifying mask with a finishing balm to hydrate your skin.

Tanning

Fully Body: £25.00

Full Body inc. body exfoliation: £40.00

Half Body £16.00

Half body inc. Exfoliation £23.00

Using a cream tan which is manually applied to give a beautiful, even and streak free tan. For a more luxurious treatment include an exfoliation.

Body Polish

30 minutes: £35.00

Exfoliation to remove dead skin cells creating silky smooth skin. Skin is then moisturised with a melanin activator if required. Ideal pre-holiday for an even tan, or as a pick me up to refresh skin.

BROW TREATMENTS

Give your eyes that extra WOW! factor with carefully sculpted brows and luxurious lashes that need the minimum of maintenance and look great for day wear and special occasions alike.

Brow Lamination

New!

30 minutes: from £25.00

Are you looking for thicker, fuller, fluffier brows or just needing to tame those unruly brows? Then look no further! Brown Lamination is the answer to your needs!

Include Brow Shape or Tint: £30.00

Include Brow Shape and Tint: £35.00

Include Henna and Shape: £50.00

Henna Brows

New!

30 minutes: from £30.00

Unlike traditional tinting Henna is natural, much more versatile and longer lasting colour on the brows. The benefits of Henna:

- No ammonia or lead.
- No need for hydrogen peroxide.
- Natural and vegan friendly.
- Covers stubborn grey hairs and gives lasting coverage.
- Refreshes and brings out pigment in old semi-permanent make-up.
- Hairs appear darker and thicker.
- Seven colours to choose from and mix to create bespoke colour that suits your skin tone and brow colour.
- Lasts 6-7 weeks on brow hairs and 3-10 days on the skin.

The Complete Lash & Brow Packages

Lash Lift and Brow Lamination: £55.00

Lash Lift and Henna Brows: £55.00

Lash Lift, Lamination and Henna Brows: £80.00

Brow Shape

£8.00

Lash Tint

£16.00

All three: £29.00

Brow Tint

£8.00

NB ALL tinting, lash extension treatment, lash lifting/perm, lamination and henna treatments must be patch tested at least 24 hours prior to procedure, within this salon, with no exceptions.

LASHES

Semi-permanent Lashes

120 minutes: £65.00

Individual lashes are applied to an individual natural eyelash. Classic eyelash extensions are great for extending length, thickness and curl of your natural eyelashes. All classic eyelash extension sets can look as natural or exaggerated as you wish. Lashes will last up to six weeks if they are cared for properly and regular in fills are recommended to maintain that full look.

Semi-permanent Infills, 45 mins: £25.00

Russian Volume Lashes

£70.00

A fan of 3-6 much finer lashes are applied to each individual lash. This gives you extra fullness, length and curl making the lashes look thicker and fuller.

Party Lashes

20 minutes: £17.00

A small cluster of lashes, individually adhere to the natural lashes. This fantastic express treatment leave the natural lashes looking thicker and longer. A great quick fix can last from five days to a few weeks with the proper care.

Eyelash Perm/Lift

60 minutes: £40.00

Throw away those curlers and enhance even the shortest, sparsest lashes. Includes a free lash tint.

Include an eyelash tint with any lash extension for only £10.00

MUA

Day Make-up:

30 mins: £15.00

Soft Glam Make-up:

60 mins: £30.00

Prom Make-up:

50 mins: £30.00

Bride Make-up:

60 mins: £45.00

Bridesmaid Make-up:

60 mins: £40

Mother of the bride/ groom:

50 mins: £30.00

Flower Girl:

30 mins: £15.00

Strip Lashes:

£5.00

Special FX makeup:

please contact for price.

1-1 Makeup lesson

2 hour lesson: £50.00

2 hour lesson & starter kit: £80

Your 1-1 makeup lesson will be tailored to what you would like to achieve & customised to your own face shape, skin type & colourings. Learn easy techniques so you can get the best from your makeup.

WAXING

Our wax of choice is a warm cream wax which has moisturising properties and is much more gentle on the skin. This wax allows us to carry out treatments quickly, efficiently and with great comfort even for intimate areas.

Post Depilation Concentrate Treatment

This after wax treatment works to moderate hair regrowth, reduce the quality and quantity of hair, help reduce the possibility of ingrown hairs and makes waxing less painful.

Application directly after waxing will soothe and calm irritation of the epidermis caused by hair removal. Follow on at home applying twice per day in-between your waxing treatments.

Your skin will be softer and clearer from hair for longer.

Salon application: £2.00
Home care 125ml bottle: £26.00

Gents Waxing	Price
Back Wax	£24.00
Back Wax, inc. Shoulder	£30.00
Chest Wax	£24.00
Chest Wax, inc. Shoulders	£30.00
Back & Chest Wax	£45.00
Back & Chest, inc shoulders	£50.00
Upper Arms	£17.00

Threading	Price
Eyebrow Threading	£8.00
Lip Threading	£7.00
Chin Threading	£7.00

Wax Treatment	Price
Brow	£8.00
Lip	£7.00
Chin	£8.00
Lip & Chin	£13.00
Forehead	£7.00
Sides of Face	£10.00
1/2 Arm	£14.50
Full Arm	£18.00
1/2 Leg	£16.50
3/4 Leg	£20.00
Full Leg	£28.00
Standard Bikini	£11.50
High Bikini	£13.50
Brazilian Bikini	£22.00
Hollywood Bikini	£25.00
Under Arms	£11.50
Lower Back	£12.00
1/2 Leg, Bikini & Underarm	£33.50
1/2 Leg, High Bikini & Underarm	£36.00
1/2 Leg, Brazilian & Underarm	£43.00
1/2 Leg, Hollywood & Underarm	£45.00
3/4 Leg & Bikini	£28.50
3/4 Leg & High Bikini	£31.00
3/4 Leg, Bikini & Underarm	£38.00
3/4 Leg, High Bikini & Underarm	£40.00
3/4 Leg, Brazilian & Underarm	£49.00
3/4 Leg, Hollywood & Underarm	£50.00
Full Leg & Bikini	£37.00
Full Leg & High Bikini	£39.00
Full Leg & Brazilian	£48.00
Full Leg & Hollywood	£50.00
Full Leg, Bikini & Underarm	£49.00
Full Leg, High Bikini & Underarm	£47.00
Full Leg, Brazilian & Underarm	£58.00
Full Leg, Hollywood & Underarm	£60.00

ELECTROLYSIS

Electrolysis is the only medically approved method of permanent hair removal.

Many men and women have the problem of unwanted hair and electrolysis is the only permanent method of removal.

15
MINS

- £17.00
- Course of 6 treatments: £85.00

30
MINS

- £30.00
- Course of 6 treatments: £150.00

45
MINS

- £42.00
- Course of 6 treatments: £210.00

60
MINS

- £55.00
- Course of 6 treatments: £275.00

Our team carry out these procedures on a regular basis and are very experienced in all of these treatments and many more. If you have any skin imperfections, anywhere on your body, why not seek advice and see if they can be removed.

Advanced electrolysis can treat:

20 minutes: £30.00

- Red/Thread Veins
- Milia/White Heads
- Spider Veins
- Blood Spots

20 minutes: £40.00

- Warts
- Skin tags

NAILS

Luxury Hand Spa

60 minutes: £35.00

A facial for the hands. Hands and arms are exfoliated prior to a hydrating mask being applied with heated mitts and massage. Skin is left feeling soft and younger looking and nail growth is stimulated.

Calgel Nails

Overlays: 35.00 | Calgel Soak Off: £7.00

Calgel is formulated from organic chemical compounds and does not interfere with the natural metabolic action of healthy nails. Flexible and durable, it will strengthen and protect nails without damage even when being removed.

Luxury Pedicure

60 minutes: £37.00

Feet are exfoliated, prior to a mask and heated booties being applied followed by a massage. This pedicure soothes and cools tired aching feet, softens hard, dry skin and helps calm skin irritations. Feet are left feeling soft and refreshed.

Callus Peel

£20.00 | Inc. with Pedi only: £12.00

The skin soft peel gently penetrates and softens the callus's allowing the dead skin to be scraped and buffed away. Soothing, conditioning moisturiser is then massaged into the feet leaving you with sandal ready feet.

New!

Manicure:
£23.00

French Manicure:
£25.00

Nails Wrapped:
£30.00

Pedicure:
£25.00

French Pedicure:
£27.00

Express Nail Extensions:
From £28.50

File & Polish:
£17.00

French File & Polish:
£19.00

Acrylic Nail Extensions:
From £35.00

Nails Filed:
£7.50

Infills:
£28.80

Acrylic Nails Wrapped:
From £30.00

Gel Polish
£6.00

Nail Art
£2.00

Acrylic Soak Off:
£12.00

Gel Polish

Gel Polish is cured under a UV lamp allowing you to carry on as normal with instantly dry nails. Polish can last up to 2-3 weeks without chipping.

Mini Manicure & Gel Polish: £25.00

French Mini Manicure & Gel Polish: £27.00

Glitter Pot: £2.00

Mini Pedicure & Gel Polish: £25.00

French Mini Pedicure & Gel Polish: £27.00

Gel Soak Off: £7.00

Builder Gel: £5.00

PODIATRY

HPC Registered Podiatrist

Podiatry (also known as Chiropody) is a specialised, registered and regulated health profession concerned with the clinical diagnosis, treatment and management of a wide range of conditions affecting the feet, lower limbs and all things related to the way we walk.

If you are diabetic, have poor circulation, suffer from arthritis or have calluses, corns and thickened toenails then regular visits for general podiatry care are advisable. Not only will this keep your feet more comfortable on a daily basis, but it is the best way to prevent future problems from occurring. Our feet help us balance and carry us a distance the equivalent to 5 times around the earth during our lifetime. In return we give them the attention that they deserve. If you have ever experienced foot pain or know the wisdom that "if your feet hurt, you hurt all over," and since mobility is such an important part of our overall quality of life, maintaining foot comfort is a must.

Free Foot Assessment

10 minutes: Free

A ten minute appointment allowing you the chance to discuss and determine the optimum solution for foot problems ranging from mechanical problems to aching feet.

Treatment

30 minutes: £27.00

- Trimming & Filing of toenails
- Treatment of any nail conditions
- Removal of hard skin, corns & calluses
- Exfoliation of rough, dry skin

Appointments are made direct on 0141 816 2030

HAIR

Cut

- **Long Hair**
£32.00
 - **Short Hair**
£28.00
 - **Dry Cut Basic One Length**
£18.00
 - **Cut & Style inc. Toner Extra**
£7.00
 - **Men's Haircut**
£15.00
 - **Child under 12 Cut & Style**
£18.00
-

Style - Wash and Style

- **Long Hair**
£25.00
 - **Short Hair**
£18.00
 - **Hair Up**
from bridal consultation
£25.00
 - **Curls**
£20.00
 - **Pincurls**
£25.00
-

Book direct with the Stylist:

Alia: 07564154506

Kirsty: 07851747588

Style - Keratin B/Dry

- **Short Hair**
£69.00
 - **Long Hair**
£75.00
-

Colour

- **Tint Roots Only**
£50.00
 - **Tint Roots / Refresh Ends**
£60.00
 - **Partial Foils / Face Frame Foils**
£58.00
 - **1/2 Head Foils**
£65.00
 - **Full Head Foils**
£75.00
inc. tint in between foils add
+ £7.00
 - **Balayage**
from £65.00
 - **Balayage with Roots**
£75.00
-

Sophie: 07883778251

Leanne: 07817764498

Chloe: 07583900804

AESTHETIC CLINIC

The Essence is fully compliant and regulated by Healthcare Improvement Scotland (HIS) ensuring your utmost safety and well-being.

Our practitioner Dr Neida Bahja is fully qualified and experienced in Aesthetic Treatments. Neida offers a number of aesthetic treatments which will enhance and rejuvenate, leaving you looking and feeling fabulous.

Wrinkle Relax Treatment

1 area: £130 | 2 areas: £180 | 3 areas: £220

A wrinkle relaxation treatment. As it says on the tin, this treatment is used to smoothen and prevent lines on the forehead, frown lines and laughter lines.

Dermal Fillers

An easy and natural way of rejuvenation. Fillers support loose skin and restores volume as well as smoothen fine lines.

Lip Fillers: 0.7ml: £190 | 1ml: £240

Marionette lines: £250.00

Nasolabial lines, Nasolabial Folds: £250.00

Feel free to pop in for an individually tailored assessment & treatment plan. **Aesthetic assessment: £30.00**

IPL (Intense Pulse Light)

Cost of treatment will be discussed at the consultation

IPL (Intense Pulse Light) treatments are quick and painless because the hair follicle is precisely targeted, not the surrounding skin. Four pulses of intense light disable the hair follicle causing irreversible damage which hinders new growth.

However only hair in the growth phase of the growth cycle will be effectively removed, therefore a course of IPL is recommended. You can expect an average of 80% reduction of unwanted hair after 6-8 treatments and will last 3-5 years.

A Free Consultation and Patch test is required before any treatment program can begin.

CLIENT REVIEWS

“



Spent Saturday morning in the spa followed by an amazing massage and facial and some time in the relaxation room. Spa facilities are superb and everywhere was spotlessly clean.

- Caroline

”

“



Enjoyed everything about the spa it was very clean with top quality steam room sauna and jacuzzi. The chill room is brilliant if you get too hot or want to have a hot or cold drink the therapist gave me a hot stone massage and it was so relaxing. Also Erin waxed and tinted my eyebrows great job. Will definitely book the spa again!

- Yvonne

”

“



Time - I arrived on time at 9:30 for my appointment and was immediately seen with no delay. Kate worked efficiently. There was no messing around. Flexibility - I had originally booked to have more work done than I now wanted. My updated needs were sorted without issue and as I had paid in advance, I received credit towards my next appointment. Quality - Kate is clearly an experienced professional and the end result was excellent.

- Michael.

”

“



had my first gel nails done today, Louise made me feel comfortable and communicated well.. left the salon with my nails and brows feeling like a 10 for my holiday

- Danielle

”

“



I had a lovely relaxing massage. Florina was very pleasant, professional and adapted the massage to my needs. She regularly checked that the pressure was ok when she massaged different parts of my back. Thank you.

- Veronica

”



THE **essence**

EST. 1994

OPENING HOURS

MONDAY	09:30 - 18:00
TUESDAY	09:30 - 18:00
WEDNESDAY	09:30 - 20:00
THURSDAY	09:30 - 20:00
FRIDAY	09:00 - 18:00
SATURDAY	09:00 - 17:00
SUNDAY	09:00 - 17:00



Gift vouchers available

Cancellation policy

We require 24 hours notice to cancel/postpone any appointment. It is important to note that you will be required to pay a cancellation fee of 50% for non-compliance of this policy. We regret that it may be necessary to treat appointments as cancelled for clients arriving more than 15 minutes late. For multiple bookings a deposit of 50% is required.

Tel: 0141 885 1166

27 Canal Street, Renfrew, PA4 8QE | @TheEssenceSalon | www.theessencesalon.co.uk